

Enlightened Quotes

WORDS OF WISDOM - by Ven. Shangpa Rinpoche

Those who have not yet achieved Buddhahood, have conflicting emotions such as desire, hatred, jealousy, ignorance and countless types of defilements. All these defilements come from ignorance... But ignorance is not permanent. It can be removed by applying wisdom...

Therefore, as a Buddhist, the most important goal is to develop wisdom and understand the basic teachings of Buddha dharma, such as the Four Noble Truths, the Eight Fold Paths; and then the practice of Bodhisattva paths and Vajrayana methods. An understanding of these will help us to develop wisdom...

Similarly, morality is equally important and we should implement and practise it. It is only through applying the teachings that we will reach the stage of enlightenment...

Finally, a true Buddhist is one who applies the teachings of Buddha to his mind-stream and every day life. By doing that, one is mindful towards every thought and action. Once you have that quality, you will not make any mistake and you will continue increasing your positive thoughts as well as merits or wisdom. When you have those qualities, the inner bliss will arise and then you will be fully satisfied and find the purpose of life.

...extracted from Rinpoche's teaching entitled "The True Buddhist"

