



Note to Volunteers

By Shangpa Rinpoche

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Sometimes things are difficult and we are disheartened when we face them. But in the human world, which is full of defilements, we should not expect that there will not be difficulties. We should take them as a part of the path of practice. Success always comes with hardship. Without hardship, we cannot have success. Every problem is the cause of success.

Sometimes we face behavior towards us that is unfriendly. When others are like that, we need to learn to be tolerant, patient and show loving kindness. If a person is angry and disturbed, if you smile and are nice to that person, that person will cool down and if you have loving kindness, that person will be able to completely cool down.

If you can show loving kindness, patience and tolerance, then you will be able to overcome the obstacles. When we overcome many obstacles on the path, we will have success. This success contributes to the success of the Mani Dungdrub Project. This is our personal gain and very important to us. There is an atmosphere of peace and joy. Everyone's mind is channeled towards Dharma and there is a strong connection to Avalokiteshvara.

As we are the cause of the accumulation of merits for others and therefore a great Bodhisattva's action and behavior, there is every reason to engage in this activity and rejoice in these thoughts and actions.